Sports medicine focus of USF Health series session

STAFF REPORT

THE VILLAGES — In a topic near and dear to the hearts of many Villages residents, USF Health orthopedics specialist Dr. Chuck Nofsinger will talk about peak sports performance.

Nofsinger is the latest guest speaker in the USF Health at The Villages free health information series; his presentation is set to take place at 1:30 p.m. Wednesday at Savannah Center. His address is titled “A Team Doctor’s View: Peak Sports Performance through Sports Health.” The event is free, but tickets must be picked up in advance at one of three Villages Box Office locations.

Nofsinger is expected to address how to use preparation, prevention and rehabilitation to attain optimal achievement within sports performance and physical activity. His medical expertise is in areas such as sports medicine, as well shoulder, elbow, hip and knee surgeries. He serves as team physician for the University of South Florida Bulls baseball team.