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with Amanda Smith, MD

Medical Director of the USF Health Byrd Alzheimer's Institute

Dr. Amanda Smith's lecture, “Prevent Alzheimer's Now Before You Forget” will equip you with factual and practical information about Alzheimer's Disease and the lifestyle changes that you can make with this knowledge. Dr. Smith will address certain known risk factors of Alzheimer's and relevant facts and figures, including obtaining a better understanding of how memory changes with aging. She will also provide useful 'brain healthy habits' with numerous specific memory changes with aging. She will also provide useful 'brain healthy habits' with numerous specific

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