Doctor says gallstone risk small for women taking estrogen pills for hormone therapy

By KATHRYN STOLARZ

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The pills aren’t deemed to pose the threat.

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“Of cholesterol and chole- tonic removal of the gallbladder was increased among women exposed to oral estrogen and progestagen (a group of steroid hormones),” the study said.

Dr. Barry Verkauf, director of the University of South Florida Dade County, weighed on his findings.

The difference between the pills and the patches is the cream and the patches are not metabolized by the liver so that the impact of estrogen on the liver and the consequences of that are eliminated. The patches soon to follow the cream of cholesterol.

They are all reasonable methods, but my personal method is to recommend the patch. It’s also more convenient. It only has to be applied once or twice a week as opposed to every day.

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